



2010 LL Umpire Western Region Outreach Clinic



LWSD Resource Center – Redmond WA
Hartman Park – Redmond WA

Friday March 5th 6 pm to 9 pm
Saturday March 6th 9 am to 6 pm
Sunday March 7th 9 am to 1 pm

- % Are you interested in helping out your local leagues?
- % Have you ever been called out of the stands to help umpire a game?
- % Do you need to shake off the cobwebs for the upcoming baseball season?
- % Have you umpired before but want additional instruction?

If you answered yes to any of these questions or if you want to further your skills this event might be for you.

**Washington Little League District 9 is hosting a Little League
Accredited Umpire Mechanics Clinic**

Featuring:

- % Instructors from Western Region Headquarters teaching at the event
- % In depth personalized instruction in plate mechanics with cage work
- % Detailed instruction on field mechanics, positioning, timing and communication
- % An opportunity to ask questions of Regional and World Series umpires
- % The chance to meet other umpires from your area and make new contacts
- % Each student receives a shirt, hat, and video of the training from the clinic
- % Lunch is provided on Saturday
- % Meet and greet on Friday night



Agenda:

Friday: 5:00 pm to 5:50 pm

Registration

Location: LWSD Recourse Center

Friday: 6:00 pm to 9:00 pm

Clinic Overview and 2010 Playing Rules

Location: LWSD Recourse Center

Friday: 9:00 pm to 11:00 pm

Meet and Greet

Location: A local watering hole to be named later (directions to be provided)

Saturday: 9:00 am to 6:00 pm

Mechanics Drills and personal instruction

Location: Hartman Park – Redmond (lunch provided)

Sunday: 9:00 am to 1:00 pm

Mechanics Drills and personal instruction

Location: Hartman Park – Redmond

Venues

Lake Washington School District Resource Center (LW SD)

Location: 16250 NE 7th Street, Redmond, WA 98052

Directions: (From Seattle) Head east on 520 crossing the Evergreen Point Floating Bridge travelling towards Redmond. Take the West Lake Sammamish Parkway exit. At the traffic light at the bottom of the ramp, turn left onto West Lake Way. Head northerly to the first traffic light and turn right onto NE Leary Way. Head northeasterly to the traffic light at Bear Creek Parkway turn right and then take the first left onto NE 74th Street. The building is a large modern brick office building on the corner of Bear Creek Parkway and NE 74th Street. Enter through the street entrance.

Hartman Park – Redmond (lower turf fields)

Location: 17300 NE 104th Street, Redmond, WA 98052

Directions: (From Seattle) Head east on 520 crossing the Evergreen Point Floating Bridge travelling towards Redmond (staying left and passing the Sammamish Parkway and Redmond Way exits). The traffic light at end of the highway is Avondale Road NE. Follow this to the traffic light at NE 104th Street and turn left. Head up the hill to the high school on the right. Hartman Park is the athletic complex on the left. Turn left at the end of the fields onto 172nd Ave NE. Parking is located either on the street at the end of the road next to the turn fields or in the small lot on the left between the upper and lower fields.

In the event of predicted inclement weather - Hartman Park will be substituted for an indoor facility – because we all know it never rains in Seattle in March

A Generic Indoor 90,000 sq turf facility w/ 100 foot ceilings in Renton

Location: To be named later.

Directions: To be provided.

Other Notes

Equipment: Bring any equipment you might want or need to survive a pitching machine throwing baseballs at you (all males MUST have a cup to work plate mechanics). Plan for rain and cold (even indoors it is very cold in early March).

Registration: Please fill out the registration form COMPLETELY. Make checks out to LL District 9. All paperwork, rulebooks, and video cards to be handed out on Friday night at registration.